

## ABSTRACT OF THE DISCLOSURE

Provided are processes for cleaning which ensure easy cleaning of at least one of a fixing roller and a fixing belt in an electrophotographic apparatus, and image forming apparatuses which employ such processes. To achieve this, an electrophotographic image-receiving sheet which has a support and a toner image-receiving layer containing a thermoplastic resin on the support, and the length of which in the direction of feeding (L1) is longer than at least one of the perimeter of the fixing roller (L2) and the perimeter of the fixing belt (L3), both of which are the heating and pressuring means of the image forming apparatus, is used as a cleaning sheet.